

# Download File PDF Grade 11 Life Orientation Exam Papers

#Jenny



Finally I get this ebook, thanks for all these I can get now!

#Rio



Cool! I'am really happy

#Markus Jensen



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#Che Salsa



My friends are so mad that they do not know how I have all the high quality ebook which they do not!

#Diego Butler



so many fake sites. this is the first one which worked! Many thanks

LIFE ORIENTATION GRADES 10-12	
TOPIC	TERM 2 GRADE 12
	WEEKS 11-14
	Recommended resources
<b>Development of the welfare society</b>	4 hours
<ul style="list-style-type: none"> <li>Human factors that cause ill-health, accidents, crises and disasters: psychological, social, religious, cultural practices and different knowledge practices</li> <li>Lifestyle diseases as a result of poverty and gender imbalances: cancer, hypertension, diseases of the heart and circulatory system, tuberculosis, sexually transmitted infections including HIV and AIDS</li> <li>Contributing factors: eating habits, lack of exercise, smoking, substance abuse and unsafe sexual behaviour</li> <li>Intervention strategies: prevention and control, early detection, treatment, care and support</li> <li>Contribution to participate in physical activities for long-term engagement: develop an action plan</li> <li>Long-term effects of participation: physical, mental, social and emotional</li> <li>Maximised benefits and diseases of obesity</li> </ul>	Textbook, newspapers articles, Bill of Rights
<b>Physical education</b>	4 hours
<ul style="list-style-type: none"> <li>Participation in programmes that promote long-term engagement in relaxation and recreational activities</li> <li>Participation and movement performance in programmes that promote long-term engagement in relaxation and recreational activities</li> <li>Safety issues relating to participation in relaxation and recreational activities</li> </ul>	Textbook, resources on relaxation and recreational activities
	WEEKS 6-7
<b>Careers and career choices</b>	2 hours
<ul style="list-style-type: none"> <li>Core elements of a job contract: worker rights and obligations, conditions of service</li> <li>Labour laws: Labour Relations Act, Employment Equity Act and Basic Conditions of Employment Act</li> <li>Principles of equity and redress</li> <li>Recruitment process: general trends and practices</li> <li>Trade unions and organised labour</li> <li>Work ethics and societal expectations</li> <li>The value of work: how work gives meaning to life</li> </ul>	Textbook, resources on careers
<b>Physical education</b>	2 hours
<ul style="list-style-type: none"> <li>Participation in programmes that promote long-term engagement in relaxation and recreational activities</li> <li>Participation and movement performance in programmes that promote long-term engagement in relaxation and recreational activities</li> </ul>	Textbook, resources on relaxation and recreational activities
	WEEKS 8-10
<b>EXAMINATIONS</b>	
Formal assessment: 1. Final examination 2. PET	It is compulsory to cover the given topics in the term indicated. The emphasis of the topics within the term is however, not fixed.

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